

# BREAD FLOWERS

*"If I had two pennies to spend I would spend a penny on bread, so that I might live and a penny of Flowers, so that I might have a reason for living."*  
YEVGENY YEVTUSHENKO

PROGRESSIVE  
SOCIAL  
COOKING

BREAD & FLOWERS

01722 326 581

[enquiries@breadandflowers.co.uk](mailto:enquiries@breadandflowers.co.uk)

[www.breadandflowers.co.uk](http://www.breadandflowers.co.uk)

Longford Farmhouse,  
Bodenham, Salisbury,  
SP5 4EJ

## BREAD AND FLOWERS PRESENTATION AND UNIFORM STANDARDS

Presentation and uniform are extremely important to Bread and Flowers. We uphold particularly high standards, and our clients expect all staff to be smartly dressed and immaculately presented. If you arrive at work unsuitably dressed, you will be sent home

### HAIR

- Hair should be of a natural colour (it doesn't have to be your natural colour but it must be a natural colour!). No brightly coloured hair is permitted (green, pink etc.)
- Long hair must be clean, tied and clipped back into a bun using a doughnut. A black hair tie, hair spray and hair grips must be used to ensure there are no loose strands.
- Short hair styles must be neatly brushed
- If your hair is too short or too thick to put into a bun please just put it up into a simple neat pony tail



### MAKE UP

Please do wear make-up but keep it subtle, to a minimum and of a neutral colour

### JEWELRY

(except one pair one simple stud earrings) necklaces, bracelets, nose studs, eyebrow rings and rings must be removed upon arrival for your shift. You may just not cover these with a plaster!

### TATTOOS

We do not permit visible tattoos. Any tattoos must be covered with appropriate make-up, not covered with a plaster

### NAILS

Should be clean, short and neat - all nail varnish must be removed before arriving at the shift

### **OTHER**

You must wash your hands upon arrival at your shift, after you have been to the toilet, touched your hair, nose or mouth, after smoking or handling chemicals and both before and after you handle any foods

Perfume and aftershave must be discreet - deodorant must be worn!

Facial stubble is not acceptable and shaving the night before is not good enough.

### **UNIFORM**

Uniform must be perfectly ironed and clean. We provide aprons. It is a good idea to wear a plain vest in case the changing facilities are difficult onsite.

### **Navy T-shirt**

Most events require a plain Navy T-shirt – please buy one (or two) of these & wear them to every job – It must not be too tight or too baggy please!

[https://www.marksandspencer.com/cotton-rich-slim-fit-t-shirt/p/clp60633919?color=NAVY&prevPage=srp#intid=pid\\_pg1pip48g4r3c1](https://www.marksandspencer.com/cotton-rich-slim-fit-t-shirt/p/clp60633919?color=NAVY&prevPage=srp#intid=pid_pg1pip48g4r3c1)

or

<https://www.marksandspencer.com/pure-cotton-crew-neck-t-shirt/p/clp60581522?color=DARKNAVY>

If you would prefer to wear a long sleeve t-shirt for any reason that is fine & here is a link to a suitable style

<https://www.marksandspencer.com/pure-cotton-long-sleeve-t-shirt/p/clp60553157?color=DARKNAVY>

### **Smart black trousers**

Smart business style, boot cut or straight leg trousers. They must cover your ankles

These are ideal from H&M & cost under £30

[https://www2.hm.com/en\\_gb/productpage.0751471001.html](https://www2.hm.com/en_gb/productpage.0751471001.html)

or

[https://www2.hm.com/en\\_gb/productpage.1019838026.html](https://www2.hm.com/en_gb/productpage.1019838026.html)

No jeans, washed out chinos, leggings, combats, pinstripes, hipster or corduroy trousers.

No skinny fit or flares – just normal!

Trousers must not be too short or too long – if they are too long, they must be hemmed to ensure they are not stepped upon or torn. It is not acceptable to hold trousers up with a safety pin!

### **Black belt**

If you need to wear a belt, please do so it must be plain black with a simple and plain silver or gold buckle

### **Plain black calf-length socks**

No 'secret' or trainer socks. No striped, coloured, funky or jazzy socks – just plain black ankle socks please!

### **Smart black shoes**

Must have non-slip soles & must cover and protect the whole of the top of the foot and have a solid sole

No ballet slippers, high heels, converse, plimsolls, walking shoes or trainers. Shoes must be able to be polished – no patent leather or fabric shoes.

Plain black lace ups are ideal.

